



## LEADING THE WAY IN RESIDENTIAL CARE

### BELMONT HOUSE

Galloping Green, Stillorgan, Co. Dublin, A94 KW44  
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# BELMONT HOUSE

At one time the home of the Oblate Fathers, this lovely residence is surrounded by mature hardwood trees and landscaped parkland. The stone built church within the grounds gives the appearance of a rural setting, even though we are conveniently located on the Stillorgan dual carriageway beside the Galloping Green in Dublin. The building has been completely renovated and upgraded to provide extensive and luxurious accommodation on many levels, facilitating all categories of care of the elderly, from independent living within a nursing home setting right through to high dependency care.

Our fully self-contained and secure high dependency unit can provide the highest quality of life within a safe and caring environment. All of our staff are experienced and fully trained in the care of residents with maximum dependency care needs. We have a full programme of activities and therapies which are designed to provide stimulation whilst dispelling anxiety.

Family involvement is encouraged as much as possible in the initial assessment and in the establishment of a care plan to ensure continuity of care and to guarantee that our staff fully understand the needs of the person they are caring for.



## OUR VISION

To meet global standards of excellence in older person care, continuously raising the bar through an exemplary relationship-centred approach, providing the highest quality of safe care for all residents.

## OUR MISSION

To create a home from home providing exceptional, safe, high-quality nursing and dementia care, meeting the individual medical, physical, spiritual and emotional needs of each of our residents, enabling them to enjoy the best possible quality of life in a compassionate environment, where their independence, dignity and choices are respected.

## OUR VALUES

Professionalism, Loyalty, Benevolence and Humility are the key values that guide the commitment of our employees. These values enable our teams to work and develop their relationships with residents and colleagues thus creating the best possible quality of care and working environment.





# HELPING YOU LIVE BETTER

At Belmont House, we pride ourselves on providing excellent care for both long and short term residents who are convalescing or are just in need of a relaxing holiday. Our holistic approach to the care of our residents is centered on the fulfilment of the needs of the individual whilst maintaining their dignity, privacy and independence in a comfortable and homely setting.

We consider respite care to be a vital support to people living in their own homes with the help of a relative or home help. When the time comes to consider full nursing home care, our staff will be there to consult with the resident, their carer, the G.P., hospital consultant or district nursing service so that an individual care plan may be established. This multi-disciplinary approach helps us to provide the most appropriate level of care within the nursing home.

## RESIDENT'S SERVICES

- Physiotherapy and Occupational Therapy
- Extend Classes
- Chiropody
- Art and Craft Classes
- Daily Mass
- Hairdressing in our Hair Salon
- Library Services, Large Print, Talking Books, Newspapers, etc.
- Newspapers delivered to your room
- Laundry Service
- Television and Radio
- Reminiscence Therapy, Music and Sing-alongs

## ENTERTAINMENT AND OUTINGS

Throughout the year outings and day trips are organised to scenic locations such as Glendalough, The Meeting of the Waters at Avoca and Bray Promenade.

Shopping trips to local centres as well as fun trips to the bowling alley and other such venues are also organised.

All of these are based on the needs of the individual whilst maintaining and enhancing the quality of daily living.

These trips are well staffed with a huge emphasis on fun and usually involve a stop off for light refreshment







## LUXURY ACCOMMODATION

Space and comfort are the hallmarks of our accommodation at Belmont House in South Dublin. Belmont boasts sitting rooms, lounges, activity rooms and beautifully appointed dining rooms where our residents can relax and socialise.

All of the luxuriously fitted bedrooms have full en-suite facilities, remote control TV, nurse call system and direct dial telephone as standard.

All bedrooms are spacious and bright. Residents own furniture may be accommodated.

There are lifts to all floors with most rooms enjoying panoramic views of Dublin Bay and the Two and Three Rock Mountains.



# EXCEPTIONAL CUISINE

From our highly trained chefs in our state-of-the-art catering facilities to our majestic dining rooms, our residents can be assured of quality dining experience.

There is an extensive menu range with daily selection list providing good wholesome and nutritional meals which feature tasty home baking. Alternatives and choices are always available and special or medically advised dietary requirements may be catered for. Meals may be taken in resident's own room or in the dining room.

Our catering facilities are fully HACCP compliant. Breakfast is served in resident's room.

There is also a modern bright coffee shop and terrace.

Dinner and Tea are served in the dining room where residents are encouraged to dine and catch up on the day's event.







# CONVALESCENCE

A hospital stay can be particularly traumatic experience. With demands on hospital beds high, a period of convalescence is normally required before returning home.

At Belmont House we can provide convalescence in our designated convalescent floor with its own sitting and dining facilities. Relaxation and recuperation with nursing supervision can restore the feeling of well being and enhance recovery back to fitness.

In order to provide the highest standard of care, all our staff not only possess the necessary qualifications, but also take part in updated training to ensure that these standards are maintained.

The pursuit of excellence in care and our commitment to maintaining that quality of care is embraced by our matron and is encouraged and shared by our valued and dedicated nursing and care staff team.







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