

## Belmont House Activity Sheet - Main House

<b>MONDAY February 6th</b>	<b>MAIN HOUSE</b>
Extend with Harry	11.00 – 11.45
<b>Exwell</b> <span style="float: right;"><b>In the Piano Room</b></span>	11.00 – 11.45
Elizabeth on Accordion	11.45 – 12.30
Music with Mikey Smyth	2.00 – 3.00
Mass with Fr. Pius	3.00 – 3.30
<b>New</b> Chair Yoga with Megan	3.30 – 4.30
Monday Club with Harry	5.30 – 6.30
<b>TUESDAY February 7th</b>	<b>MAIN HOUSE</b>
<b>*Gardening Club with Elizabeth*</b> <span style="float: right;"><b>In Piano Room</b></span>	1.45 – 2.15
<b>*Nature*</b> Wild Birds with Harry Advocacy	11.15 - 12.30
Sing along with Alan	2.00 – 3.00
Mass with Fr. Pius	3.00 – 3.30
Art Workshop with Tracey <span style="float: right;"><b>In the Piano Room</b></span>	3.00 – 4.30
<b>*History*</b> Thomas Edison with Harry	5.30 – 6.30
<b>WEDNESDAY February 8th</b>	<b>MAIN HOUSE</b>
Extend with Harry	11.00 – 11.45
<b>Exwell</b> <span style="float: right;"><b>Piano Room</b></span>	11.00 – 11.45
Virtual Tour; St Valentine with Elizabeth	11.45 – 12.30
Music Therapy with Kevin McNamara	2.00 – 3.00
Stimulating Quiz with Elizabeth	3.00 – 4.00
Happy Hour: Ballroom of Romance with Elizabeth & Harry	5.30 – 6.30
<b>THURSDAY February 9th</b>	<b>MAIN HOUSE</b>
Playlist with Aine	11.00 – 11.45
Sing along with Hedda	11.45 – 12.30
Movement to Music with Annalease	2.00 – 3.00
Mass with Fr Pius	3.00 – 3.30
Arts & Crafts Workshop with Margaret <span style="float: right;"><b>In the Piano Room</b></span>	3.00 – 4.30
Entertainment with Harry	5.30 – 6.30
<b>FRIDAY February 10th</b>	<b>MAIN HOUSE</b>
Music with John Dooley	11.00 – 11.45
Physio with Sujesh	11.45 – 12.30
Sing along with Alan	2.00 – 3.00
Music Legends with Aine	3.00 – 4.00
Music with Kevin McNamara <span style="float: right;"><b>In the Piano Room</b></span>	5.30 – 6.30
<b>SATURDAY February 11th</b>	<b>MAIN HOUSE</b>
<b>Knitting Club with Elizabeth</b> <span style="float: right;"><b>in the Piano Room</b></span>	11.00 – 12.30
Name that Tune with Aine	11.00 – 11.45
Music with Jack Morrissey!	11.45 – 12.30
Aisling Plays the Harp and Sings!	2.00 – 3.00
Entertainment with Elizabeth	3.00 – 4.00
<b>*Movie Night*</b> Miss Potter	5.30 – 6.30
<b>SUNDAY February 12th</b>	<b>MAIN HOUSE</b>
Movement to Music with Annalease	11.00 – 11.45
Poetry & Stories with Aine	11.45 – 12.30
Music with Colm Lawlor	2.00 – 3.00
Mass with Fr. Pius	3.00 - 3.30
Flower Arranging with Tracey	3.30 – 4.30
Aisling Plays the Harp and Sings!	5.30 - 6.15

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