



Belmont House Activity Sheet

Maple Unit

Monday January 8th	
News & Views with Elizabeth	10.30 – 11.00
Holy Communion	3.45
Arts & Crafts with Margaret	3.00 – 4.00
Tuesday January 9th	
Extend with Harry	10.15 – 11.00
Colour Art with Staff	3.00 – 4.00
Holy Communion	3.45
Wednesday January 10th	
Chair Exercise with Elizabeth	10.30 – 11.00
Wool with Elizabeth	2.00-2.30
Mass with Fr Pius	2.30 – 3.00
Thursday January 11th	
Songs & Stories with Brian	10.30 – 11.00
Holy Communion	3.45
Crafts with Margaret	3.00 – 4.00
Friday January 12th	
Art Workshop with Tracey	3.00 – 3.45
Colour Art with Staff	3.45
Saturday January 13th	
Entertainment with Elizabeth	10.30 – 11.00
Colour Art with Staff	3.00 – 4.00
Sunday January 14th	
Balloon with Aine	3.00 – 3.30
Holy Communion	3.45
Aisling Plays the Harp & Sings	6.15 – 6.45